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**Shower Bag Instructions**

We have provided you with a shower bag today. This is to be used to keep the surgical/wound/ulcer site dry when bathing. If the involved area or the bandages become wet, please contact the office for a dressing change. If you are doing your own bandage changes already, you may go ahead and change the bandages yourself.

We recommend using a plastic chair in the tub or shower stall to allow for bathing in the sitting position as the shower bag can be slippery - moreso when wet. Exit the wet tub/stall by placing the bagged extremity on a dry towel or (preferably) a rubberized bathmat outside the tub/stall. Go slowly and be very deliberate in your movements. Don't fall!